



# ASPARGIZE™

Fast Acting Shatavari



**WOMEN AT EVERY LIFE STAGE HAVE DIFFERENT HEALTH NEEDS AND DESERVE SUPPORT AND CARE TO MAINTAIN HEALTHY LIFESTYLE.**

## Fast Acting Shatavari for Every Life Stage

### Aspargize™ Quick Facts:

- Standardized to NLT 5% Shatavarin IV
- Root only extract with natural bioenhancers
- Clinically studied and found effective in managing menopausal symptoms
- Statistically significant improvement for multi-symptoms of menopause with faster onset of action (2 week onwards)\*
- Helps reduce stress and improve mood, sleep and overall quality of life\*
- Alkemist Assured Botanical certified (3rd party verified)
- Versatile application formats: capsules, gummies, shots, RTDs
- Optimally dosed for superior effect (400mg /day)

*\*These outcomes were statistically significant compared to placebo in the clinical study*

Aspargize™ is a standardised root extract of *Asparagus racemosus* (Shatavari), containing not less than 5% Shatavarin IV—specifically developed to support women’s hormonal health across key life stages: perimenopause, menopause, and post-menopause. The holistic extraction process retains bioactives such as saponins, flavonoids, and phytoestrogenic compounds at their optimal concentrations.

Unlike conventional extracts, it is formulated with natural bioenhancers for improved phytoestrogenic and adaptogenic properties. Backed by clinical research, Aspargize™ has demonstrated significant improvements in reducing night sweats, hot flashes, stress, brain fog, anxiety, and irritability, along with enhancing mood, sleep quality, and overall quality of life in menopausal women.

# HOLISTIC MENOPAUSAL SUPPORT



## Condition

Sexually active healthy females with moderate menopause symptoms (MRS:  $\geq 9$  to  $\leq 16$ )



## Participants

N=70 females; Age: 45-65 Yrs



## Duration & Evaluation

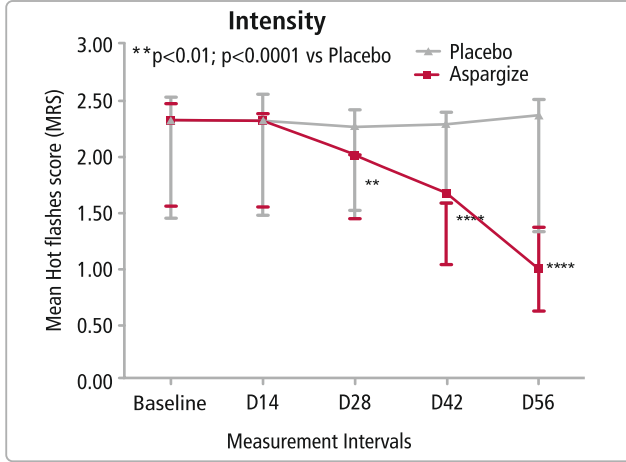
56 Days (Day 14, 28, 42 & 56)



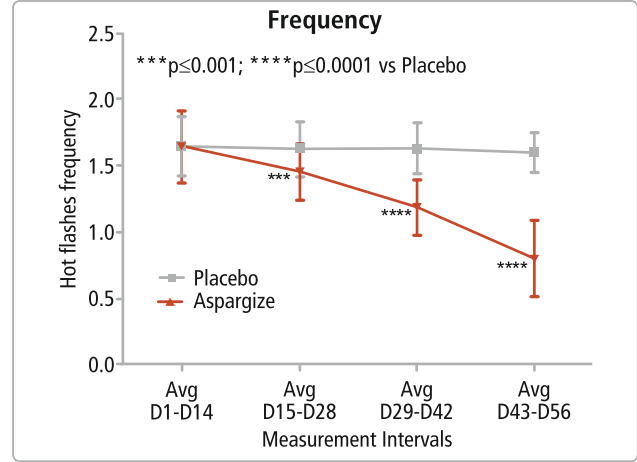
## Dose

400mg /Day

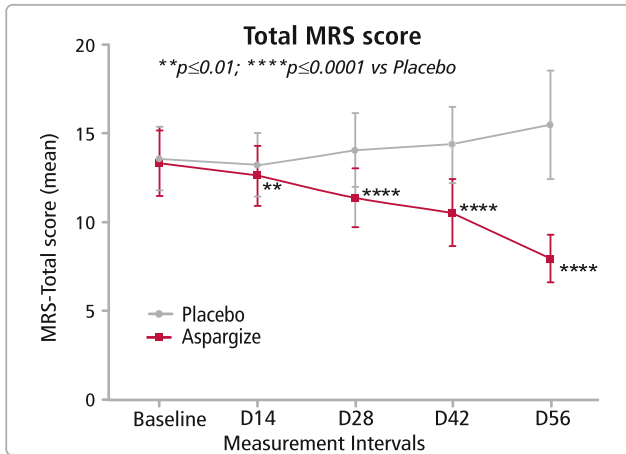
## Somatic Symptom Relief (Hot Flashes & Severity)



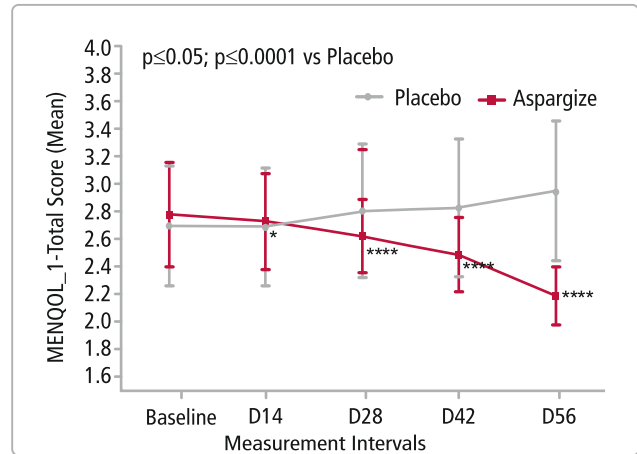
**58% Reduction in Hot flashes intensity against placebo**



**50% Reduction in hot flashes frequency against placebo (70% within group from baseline)**

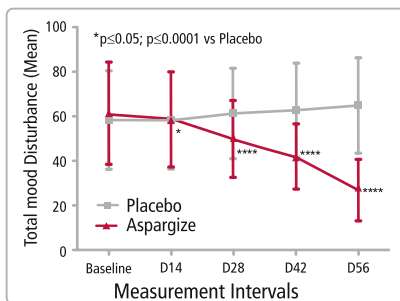


**49% Reduction in menopausal symptoms against placebo**

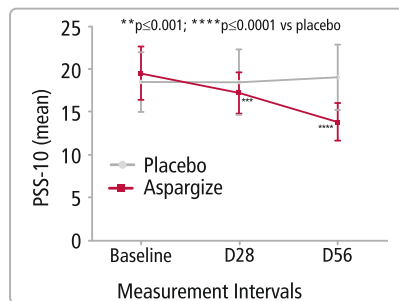


**26% improvement in overall QOL against placebo**

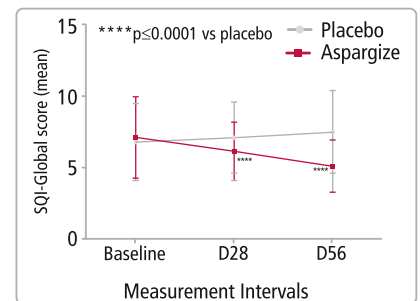
## Adaptogenic Support (Mood, Stress, Sleep)



**58% Improvement in overall mood against placebo**



**27% Reduction in stress levels against placebo**



**32% Improvement in overall sleep quality against placebo**

THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

Contact Ennature Biopharma for samples and more information.  
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