

The path to wellness



Follow the path and see just how easily ChildLife® Healthy Vision SoftMelts™ can improve your child's health!

42% 42% of young children now have their very own tablet device.
Source: Common Sense Media

Blue light is emitted from tablets and smart phones.

49% 49% of children 8 or under "often or sometimes" use screens in the hour before bedtime.
Source: Common Sense Media

Too much exposure to blue light may lead to digital eyestrain and retina damage.
Source: Prevent Blindness

Keep a good eye on it!

Limit your screen-use in your private time by choosing activities without electronic screen devices.

Don't use an electronic device in the last hour before you go to sleep.

Use the night-shift settings on your devices which reduces the amount of blue-light emission.

20 Follow the 20-20-20 rule. Look away from your screen to an object at least 20 feet away every 20 minutes for 20 seconds.

Eat a healthy diet with deep colored fruits & vegetables, leafy greens, vegetable juice and egg yolks.

You can supplement with ingredients such as Lutein and Zeaxanthin. They absorb damaging light and rebuild macular pigment receptors.

Take a ChildLife Healthy Vision SoftMelt!

ChildLife® Healthy Vision SoftMelts™

Taste as Good as They Are Healthy

- Great taste and sugar-free
- Enhanced bioavailability
- Chew and swallow without water
- Individually packed to maintain freshness

