



Elderberry Super-Immune SoftMelts™ The Non-Gummy Gummies™



Each serving contains:

- ✓ 50 mg Elderberry Fruit Powder
- ✓ 50 mg Wellmune® Baker's Yeast
 - Providing 37.5 mg beta 1,3/1,6 glucan
- ✓ 15 mg Vitamin C (as Ascorbic Acid)
- ✓ 83 mcg DFE Folate (as Folic Acid)

Benefits*



SUPPORTS children's overall health and immune system



PROVIDES a convenient option for busy on-the-go days



INCLUDES elderberry for an additional immune boost



CONTAINS Wellmune® to enhance key immune functions

*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.

ChildLife Essentials® presents their newest addition to the SoftMelts™ Family:

Elderberry Super-Immune SoftMelts™

Immune Support

Now more than ever, parents are looking for more ways to help support their children's immune systems. The immune system is complex and requires adequate nutrients to function properly. ChildLife®'s Elderberry Super-Immune SoftMelts™ provides a unique combination of immune-boosting ingredients in each tasty tablet for optimal immune support.

Elderberry

Elderberry (*Sambucus nigra*) fruit, with its deep purple color, is rich in antioxidants and vitamins. Studies suggest that elderberry may support important immune functions, contributing to a strong and healthy immune system.^{1,2,3} ChildLife®'s Elderberry Super-Immune SoftMelts™ includes 50 mg Elderberry Fruit Powder per tablet.

Wellmune®

Wellmune® is natural beta glucan extracted from the cell wall of a proprietary strain of baker's yeast. Clinical studies in children show Wellmune helps maintain a strong immune system and **supports fewer missed school days**.^{4,5} ChildLife®'s Elderberry Super-Immune SoftMelts™ contains 50 mg Wellmune per tablet.

Vitamin C

Regular Vitamin C intake is key to supporting health, including that of the immune system. Vitamin C supports the immune response on a cellular level and acts as a powerful antioxidant.^{6,7}

References:

1. Hawkins J, Baker C, Cherry L, Dunne E. Black elderberry (*Sambucus nigra*) supplementation effectively treats upper respiratory symptoms: A meta-analysis of randomized, controlled clinical trials. *Complement Ther Med*. 2019;42:361-365. doi:10.1016/j.ctim.2018.12.004
2. Tiralongo E, Wee S, Lea R. Elderberry Supplementation Reduces Cold Duration and Symptoms in Air-Travellers: A Randomized, Double-Blind Placebo-Controlled Clinical Trial. *Nutrients*. 2016;8(4):182. doi:10.3390/nu8040182
3. Zakay-Rones Z, Thom E, Wollan T, Wadstein J. Randomized Study of the Efficacy and Safety of Oral Elderberry Extract in the Treatment of Influenza A and B Virus Infections. *J Int Med Res*. 2004;32(2):132-140. doi:10.1177/147323000403200205
4. F M. Bakers Yeast Beta-Glucan Decreases Episodes of Common Childhood Illness in 1 to 4 Year Old Children during Cold Season in China. *J Nutr Food Sci*. 2016;6(4). doi:10.4172/2155-9600.1000519
5. Follow-up Formula Consumption in 3- to 4-Year-Olds and Respiratory Infections: An RCT. *Pediatrics*. 2014;133(6):X19-X19. doi:10.1542/peds.2013-3598d
6. Carr A, Frei B. Toward a new recommended dietary allowance for vitamin C based on antioxidant and health effects in humans. *Am J Clin Nutr*. 1999;69(6):1086-1107. doi:10.1093/ajcn/69.6.1086
7. Carr AC, Maggini S. Vitamin C and Immune Function. *Nutrients*. 2017;9(11):1211. doi:10.3390/nu9111211.